

## **Using ICG scanning in supporting Lymphoedema Management**

Dr Cheryl Pike

Indocyanine green (ICG) fluoroscopy is more commonly used to identify suitable lymphatics for Lympho-Venous Anastomosis (LVA) surgery. It is also used to inform drainage pathways for Manual Lymphatic Drainage (FG-MLD). However, what happens to a patient who has attended a clinic hoping to be suitable for LVA surgery and its potential life-changing benefits, when their lymphatic damage proves too much to be suitable for surgery? This session aims to demonstrate how ICG fluoroscopy can inform more innovative ways of self-management, advise lymphoedema therapists of potential beneficial intensive treatment options to utilise with the patient, and the outcomes seen in practice. Furthermore, the use of ICG fluoroscopy has challenged previous MLD routines, and has seen the reintroduction of movement within the Casley-Smith MLD programme.