

Value Based Lymphoedema Healthcare and the creation of LYMPROM (Lymphoedema Patient Reported Outcomes)

Lymphoedema Network Wales commenced in 2011 and each year receives around 6,000 new patient referrals. With rising demand and limited capacity a new way of thinking was established to understand what is really important to our patients. Value-Based Healthcare promotes quality and outcomes over costs. Thus, to understand the whole-life impact of Lymphoedema from our patients a new Patient Reported Outcome Measure- LYMPROM was devised. The aim of LYMPROM is to drive quality and efficiency, guide care and support services to manage their caseloads; helping to deliver the Value-Based Health Care. Over 5,000 LYMPROMs have been received digitally from three Lymphoedema Services in Wales in the last year. This information has enabled patient-centre care covering a diverse range of areas including shopping for clothes/shoes, body image, and intimacy/desirability. This initiative is supporting strategic working in identifying patients who can be safely discharged and prioritising in-person contacts.