

Introduction of Workshop

Title: Tele-workshop of ultrasonography for assessing skin and subcutaneous tissue of lymphoedema patients

Ultrasound assessment of skin and subcutaneous tissue is effective for understanding lymphoedema status, sharing information between health professionals, choosing treatment/care and improving patients' behaviors of self-care. Ultrasonography has a great advantage that it is a device that can be used in real time, non-invasively, and for many health care professionals.

This workshop will be a remote workshop according to COVID19. We will give lectures and hands-on from Japan to participants in Denmark and/or other countries.

In the lecture, we will explain the basic knowledge of ultrasonography, its role in lymphedema management, basic operation methods, and how to assess by ultrasound images. In the hands-on, we will introduce the operating method and understanding the ultrasound images on lymphoedema limbs. You can learn them by both of portable and the pocket-sized handheld ultrasound.

We welcome to join us this tele-workshop and then, we will conduct the follow-up educational system for the participants.